



SCHEDULE



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NAWGJ-NYN - FALL CLINIC

09.13.2025

08:00 AM - 04:00 PM

SATURDAY

01
WELCOME / CHECK IN **8:30 AM**

02
DP & XCEL 2025 UPDATE **9:00 AM**

PRESENTER: Larry Goldsmith

The Xcel and DP program updates for the 2025–2026 season, with key changes judges should be aware of for the year ahead.

03
BOARD MEMBERS' UPDATES **10:00 AM**

PRESENTERS: SJD's & Board Members

Brief overview from board members on current activities in their roles.

04
DANCE & ARTISTRY **11:00 AM**

PRESENTER: Youlia Coss

Incorporating artistry, body posture, and presentation into dance routines.

05
LUNCH / JEOPARDY GAME **12:00 PM**

06
SHARPENING THE LENS: CRITICAL THINKING & THE UNBIASED EYE / PRESENTER: Jeannie Lippit **1:00 PM**

Applying critical thinking strategies to enhance judging consistency and address the impact of cognitive bias.

07
OUR JUDGING POSTURE: HOW IT IMPACTS ATHLETES & HOW WE CAN IMPROVE / PRESENTER: Jeannie Lippit **2:00 PM**

Recognizing the influence on verbal and nonverbal communication on an athlete's performance and easy ways to enhance your physical posture.

08
THE CONFIDENT JUDGE: BUILDING MENTAL TOUGHNESS BEHIND THE TABLE **3:00 PM**

PRESENTER: Natalie Gurnett

Just like athletes, judges perform under pressure. This session shares sport psychology tools to help judges build mental resilience, stay focused during long meets, and trust their instincts. Leave with practical strategies to judge with more confidence and less stress.



SCHEDULE



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NAWGJ-NYN - FALL CLINIC

09.14.2025

09:00 AM - 01:00 PM

SUNDAY

01

WELCOME / CONTINENTAL BREAKFAST

8:30 AM

02

XCEL MASTERY PART 1: GETTING A BASELINE

9:00 AM

PRESENTER: JENNIFER SKORSKI

This section will set the foundation for understanding the structure, purpose, and responsibilities within Xcel. Let's look at the Who, What, When Where and Why of our program. Key themes will include:

- Understanding the differences and similarities between Xcel and DEV programs.
- Building clarity around communication and expectations within Xcel.
- Fostering consistency, professionalism, and empathy in judging and coaching roles.
- Practical scenarios challenging attendees to reflect on system breakdowns and improve dialogue between coaches and judges.

03

XCEL MASTERY PART 2: LET'S DIVE DEEPER

10:30 AM

PRESENTER: JENNIFER SKORSKI

Explores deeper layers of judging and coaching in Xcel, focusing on how outcomes may differ even with the best intentions and goals. It highlights:

- The gap between coaching methods and judging criteria.
- Differentiating when there's no composition and how to prepare athletes accordingly.
- Honest discussion around likes, dislikes, and solutions for Xcel.
- Roundtable-style Q&A Discussion- I've got my topics, you bring yours!

12:00 PM

Following the Xcel presentation, we'll host a brief Q&A session with board members available to address your questions. It's a great chance to clarify expectations, learn about updates, and discuss anything related to the upcoming judging season.

THANK YOU SO MUCH FOR ATTENDING!